

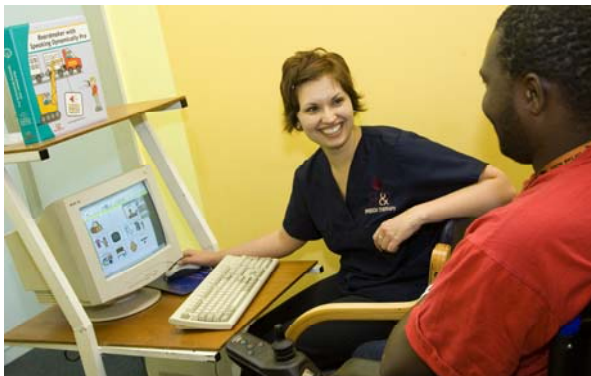
SIT Lab (Seating Information Technology Laboratory):

The "SIT Lab" has been established to assess and optimize the seating of people who rely on a wheelchair for their daily mobility. The pressure between the patient and his/her seating surface is measured by state of the art pressure mapping technology called the Force Sensitive Application (FSA) system. This system enables us to provide the patient with information and guidance to select a wheelchair and cushions that will best suit his/her specific needs.



AAC Clinic (Augmentative & Alternative Communication Clinic)

Patients who are non-verbal or have limited verbal abilities, are assessed and treated according to their needs, abilities and resources. The Speech therapist will then find an appropriate AAC system which can improve the clients social interaction and independence, and thereby improve their quality of life.



Upper Limb Training

Many stroke survivors are faced with ongoing challenges regarding the functioning of their shoulder, arm and hand. It is often thought that the functional gains of the upper limb have plateaued.

At Rita Henn and Partners we believe the upper limb may continue to improve. Thus at the upper limb clinic we consider and treat common functional limitations due to pain, soft tissue shortening, weakness and loss of dexterity through the use of:

- Saeboflex program
- Electrical stimulation,
- Task specific upper limb training groups, and
- Guided upper limb rehabilitation programs tailored to each individual.



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Rita Henn & Partners Inc.

Background Information:

Rita Henn and Partners is an interdisciplinary practice established in 2003. We are situated at the Netcare Rehabilitation Hospital and provide intensive rehabilitation programs to enable patients to return to their maximum independence following illness or injury.

This Physical Rehabilitation Practice is equipped with the skills of physiotherapists, occupational therapists and speech therapists, working in collaboration with specialist consultants, nurses, dietitians, social workers, psychologists, prosthetists and orthotists.

Our interdisciplinary teams work in dedicated rehabilitation units of Neurology, Spinal Cord Injury, Orthopaedics, Paediatrics and Outpatient's Therapy.



Treatment packages and programs are individually tailored for both adults and children with the following conditions:

- Spinal Cord Injuries
- Stroke and Neurological conditions
- Traumatic Brain Injuries
- Post surgical joint replacements
- Amputation/s
- Poly-trauma / Orthopaedic conditions
- Guillain Barré
- Motor Neurone Disease

Rehabilitation Programs:

Goals are set by the team, together with the patient, with ongoing motivation and support provided. Programs are designed to meet the individual needs of our clients. The team takes a proactive approach to rehabilitation, working towards a possible return to the workplace, family integration and the education of caregivers.

Rehabilitation services also include:

- Mobilization post surgery
- Teaching activities of daily living
- Skills honing and "top-up" rehabilitation
- Work hardening and reintegration
- Patient education programs
- Gait (walking) re-education and training
- Functional electrical stimulation
- Splinting / serial casting
- Seating assessments for optimal seating & pressure care
- Driving assessment referral

Additional Services:

Hydrotherapy:

Hydrotherapy is a method of treatment that utilizes the different properties of water to aid in the rehabilitation process by strengthening muscles, improving range of movement, improving cardiovascular fitness and working towards independent swimming, and may form part of the rehabilitation program. Clients who will benefit from hydrotherapy include those with spinal cord injuries, neurological conditions, orthopaedic conditions and general weakness. Facilities include a pool hoist for those who can not manage the stairs.



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